



# Yoga

**7 week course  
in Milltown Park**

**with Seán M Kelly B.Sc. Dip (Appl.Sc)**

**Commences 7.30-9.00pm Tuesday 9<sup>th</sup> September**



- **Increase your health & vitality**
- **Relax your mind**
- **Nourish your Soul**



**Try a class for free on 9<sup>th</sup> Sept**

**Cost for course: €195**

**Reserve Your Place**

**Phone: 087 2494954**

**Web: [www.seanMkelly.com](http://www.seanMkelly.com)**

